

What is claimed is:

1. A composite tubular hockey stick shaft comprising:
 - (a) an outer tubular composite construct comprising one or more plies of un-
directional substantially parallel fibers disposed in a hardened resin matrix;
 - 5 (b) an inner tubular composite construct comprising one or more plies of uni-
directional substantially parallel fibers disposed in a hardened resin matrix; and
 - (c) an elastomer layer disposed between the inner and outer tubular constructs.

2. A composite tubular hockey stick shaft comprising:
 - 10 (a) an inner composite construct comprising one or more plies of uni-directional
substantially parallel fibers disposed in a hardened resin matrix;
 - (b) an outer composite construct comprising one or more plies of uni-directional
substantially parallel fibers disposed in a hardened resin matrix; and
 - (c) an elastomer layer disposed between the inner and outer composite constructs.

- 15 3. A method of manufacturing a hockey stick comprising:
 - (a) providing a tubular cured hockey stick shaft configured at its lower region to be
joined to the heel region of a hockey stick blade;
 - (b) providing an un-cured composite hockey stick blade pre-form configured to be
20 joined to the lower region of a the cured hockey stick shaft;
 - (c) inserting the lower region of the cured hockey stick shaft into the heel region of
the uncured hockey stick blade pre-form;

(d) inserting the uncured blade pre-form and joined portion of cured shaft composite hockey stick into a mold configured to receive the uncured blade pre-form and at least a portion of the lower region of the cured shaft and to impart the desired exterior shape of the hockey stick blade upon curing; and

5 (e) cure blade pre-form around the interposed lower region of the hockey stick shaft with application of heat.